



# DECEMBER 2024 EVENT & PROGRAM CALENDAR

Auburn Senior Community Center | 48 Pettengill Park Road  
 Register online at [secure.rec1.com/ME/auburn-me/catalog](https://secure.rec1.com/ME/auburn-me/catalog)  
 or call the Auburn Rec Department at 333-6611



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>■ = Auburn Recreation Program (Jody &amp; Renee)</b>				<b>❖ = City of Auburn Age-Friendly Committee Event</b> <b>⌘ = 1<sup>st</sup> Auburn Senior Citizens Meeting</b> <b>ϕ = New Auburn Seniors Meeting</b> <b>◆ = Robin Dow Meeting</b>		
1	2 ϕ = New Auburn Seniors Meeting ■ Yoga w/Emma 6pm	3 ■ OMNI Mount Washington Buffet Charter Trip 9:30am ■ Yoga for Balance 4pm	4 ⌘ = 1 <sup>st</sup> Auburn Senior Citizens Meeting ■ Gingerbread House Craft Pillow 3:00pm	5 ■ Cracker Barrel 10:30am ■ Chair Yoga 1:30pm ■ Sea Glass Soap 3:00pm ■ Wrapping Station ■ Adult Craft Night	6 ■ Drop-In Day 9-12 ■ Wrapping Station ■ Simple Crafts 10 am ■ Wreath Decorating 12:30pm	7 ■ Windham Chamber Singers AmFam 1pm
8 ■ Christmas at the Cathedral Portland 12pm	9 ϕ = New Auburn Seniors Meeting ■ Yoga w/Emma 6pm	10 ■ Holiday Signs 3 PM ■ Yoga for Balance 4pm ❖ Age-Friendly Committee Meeting	11 ◆ = Robin Dow Meeting ■ Carol Bailey Christmas Concert 10am ■ Holiday Gift DIY Class: Sugar Scrub 3pm	12 ■ A Christmas Carol in Lewiston 9am ■ Chair Yoga 1:30pm ■ Gingerbread Cookie Decorating 3:00pm ■ Wrapping Station ■ Adult Craft Night	13 ■ Drop-In Day 9-12 ■ Wrapping Station ■ Sunshine Club 10 ■ Tech Talk 10 am ■ Magic of Christmas Preview 12:30pm	14
15	16 ϕ = New Auburn Seniors (Hilton Garden Inn Auburn Riverwatch) ■ Yoga w/Emma 6pm	17 ■ Portland Ballet's Victorian Nutcracker at Merrill Auditorium 8:45am ■ Simple Crafts 2 PM ■ Yoga for Balance 4pm	18 ⌘ = 1 <sup>st</sup> Auburn Senior Citizens (Christmas at the Green Ladle) ■ Holiday Gift DIY Class: Mason Jar Soups 2:30pm	19 ■ Chair Yoga 1:30pm ■ Dinner and a Show 3:00pm ■ Wrapping Station ■ Adult Craft Night	20 ■ Drop-In Day 9-12 ■ Wrapping Station ■ Layer Candles 9:30 ■ L/A Mystery Lunch 11:30am	21
22	23 ϕ = New Auburn Seniors Meeting ■ Holiday Gift DIY Class: Dip Mix Ornaments 3pm ■ Yoga w/Emma 6pm	24	25 HOLIDAY - No Recreation Programs	26 ■ Chair Yoga 1:30pm	27 No Recreation Programs	28
29	30 ϕ = New Auburn Seniors Meeting ■ Yoga w/Emma 6pm	31				

Date	Time	Cost	Description
<b>Monday, December 2</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>New Auburn Seniors Meeting</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather.</b>
<b>Monday, December 2</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non-residents	<b>Yoga with Emma 6pm</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
<b>Tuesday, December 3</b>	9:30 AM – 5:00 PM	<b>\$80</b> \$85 non-residents	<b>OMNI Mount Washington Buffet Luncheon &amp; Self Guided Tour</b> - Tis the season to start your holiday off with with festive decorations. Your trip will include a charter bus trip, via NorthEast Charter (courtesy of the Fortin Group) to New England's legendary resort. Make your grand entrance up the winding drive to the Porte Cochère, where we will head inside for our lunch promptly being served at noon. After lunch use your keepsake guidebook to take a self-guided historic tour and learn the rich and fascinating history of this National Historic Landmark. While you are exploring the resort, visit the unique shops and boutiques – where you will find logo wear and sporting gear, to souvenirs and regional crafts, you're sure to find the perfect reminder of your White Mountain visit. We will all meet out front for our 2:30 PM departure back to the Auburn Senior Community Center. <b>Gratuity for the bus driver is NOT included.</b>
<b>Tuesday, December 3</b>	4:00 PM – 5:00 PM	<b>\$10.00 drop-in fee</b>	<b>Yoga For Seniors: Balance</b> - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Minimum 4/Maximum 15.</b>
<b>Wednesday, December 4</b>	9:00 AM – 3:00 PM	<b>\$10.00 annual dues</b>	<b>1st Auburn Meeting/Bingo.</b> Doors open at 9:00 AM. Bingo is price per card, starts about noon. <b>Meetings are cancelled if Auburn schools are closed for weather.</b>
<b>Wednesday, December 4</b>	3:00 PM – 4:30 PM	<b>\$5.00</b>	<b>Gingerbread House Fleece Tied Pillow Craft Kit-</b> Gingerbread brings the feeling of cozy holiday warmth! This craft kit features a fleece tied pillow that has the image of a brown gingerbread house with white decorations, a red door and red and green gumdrop accents in front of the house. The fleece material comes pre-cut, so assembly is easy. <b>Maximum 12.</b>
<b>Thursday, December 5</b>	10:30 AM – 4:30 PM	<b>\$4</b> \$6 non-residents	<b>Cracker Barrel and Shopping Shuttle around Portland-</b> First, we will head out for lunch at Cracker Barrel for some American comfort food, with an on-site general store. After lunch we will pop over to 5 Below for a quick pit stop to shop. We will end up at Marshalls and Home Goods before heading for home. <b>Pre-registration is required. Minimum 6/Maximum 14.</b>
<b>Thursday, December 5</b>	1:30 PM – 2:30 PM	<b>\$10.00 drop-in fee</b>	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
<b>Thursday, December 5</b>	3:00 PM – 4:30 PM	<b>\$5</b>	<b>Sea Glass Soap Workshop</b> – Join Renee for this in house workshop where you will learn to make glycerin soap that looks like Sea Glass. All materials are included in the workshop fee and each participant should leave with 2 small jars of soap. <b>Minimum 3/Maximum 6</b>
<b>Thursday, December 5</b>	5:30 PM – 8:00 PM	<b>Free</b> \$2.00 weekly non-res	<b>Thursday Adult Craft Night 5:30pm</b> - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Thursday, December 5</b>	5:30 PM – 8:00 PM	<b>Free</b> \$1 non-residents	<b>Drop-In Gift-Wrapping</b> - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
<b>Friday, December 6</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non-residents	<b>Drop-in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.

<b>Friday, December 6</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non- residents	<b>Drop-In Gift-Wrapping</b> - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows, or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
<b>Friday, December 6</b>	10:00 AM – 12:00 PM	<b>Free</b>	<b>Simple Crafts and Social Hour</b> – Join us for a Simple Craft Activity! This will be 90 minutes of crafting fun and socializing. This time we will be making Diamond Art snowflake keychains. All materials, coffee, tea, and water will be provided. <b>Pre-registration required. Min 6/Max 15</b>
<b>Friday, December 6</b>	12:30 PM – 2:30 PM	<b>\$5.00</b>	<b>Wreath Decorating</b> – Join un here at the Auburn Senior Community Center to decorate a wreath. The wreath and all supplies will be on hand to make your festive wreath. <b>Maximum 24</b>
<b>Saturday, December 7</b>	1:00 PM – 5:00 PM	<b>\$18</b> \$20 non- residents	<b>Windham Chamber Singers AmFam Holiday Concert</b>
<b>Sunday, December 8</b>	1:15 PM – 4:45 PM	<b>\$12</b> \$15 non- residents	<b>Christmas at the Cathedral in Portland-</b> Join the Choral Art Singers, Portland Brass Quintet, organist Bridgette Wargovitch and keyboardist Kellie Moody as we usher in the holiday season with our 34th edition of Christmas at the Cathedral. Sublime a cappella motets, vibrant brass melodies, and familiar songs of the season – all will make for a deeply moving introduction to your holiday celebrations. <b>Tickets are general admission seating. Any seat available from Row 16 back are open for us to sit. (partial ticket prices are being sponsored by the Fortin/Pinette Group to keep it affordable to all)</b>
<b>Monday, December 9</b>	9:00 AM – 3:00 PM	<b>\$10.00</b> <b>annual dues</b>	<b>New Auburn Seniors Meeting</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather.</b>
<b>Monday, December 9</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non- residents	<b>Yoga with Emma 6pm</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
<b>Tuesday, December 10</b>	3:00 PM – 5:00 PM	<b>\$16.00</b>	<b>Holiday Sign Workshop-</b> Join this workshop led by artist Karen Pelletier. Participants will make a 6" x 25" holiday Sign. Participants will use chalk paint, stencils, and floral transfers to create these beautiful signs. Nice for home décor or for a gift! <b>Pre-registration is required. Minimum 6/Maximum 15.</b>
<b>Tuesday, December 10</b>	4:00 PM – 5:00 PM	<b>\$10.00 drop- in fee</b>	<b>Yoga For Seniors: Balance</b> - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Minimum 4/Maximum 15.</b>
<b>Wednesday, December 11</b>	9:00 AM – 2:00 PM	<b>\$10 annual dues</b>	<b>Robin Dow Seniors</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather.</b>
<b>Wednesday, December 11</b>	10:00 AM – 11:00 AM	<b>Free</b>	<b>Carol Bailey Holiday Concert</b> - Join us for this concert here at the ASCC. The band will be performing their holiday music program for our senior community. There will be a light lunch following the performance. <b>Pre-registration required. Maximum 25. Robin Dow members do not need to register.</b>
<b>Wednesday, December 11</b>	3:00 PM – 5:30 PM	<b>\$5.00</b>	<b>Holiday Sugar Scrub DIY Take Home Gift-</b> Are you looking for some homemade holiday gifts or even just for yourself? Join us at the Auburn Senior Community Center to make some sugar scrubs. You will make 6 different scents for the holiday season to take home (each in it's own 5 ounce jar). Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 15. <b>Dickens Christmas:</b> Mulled fruits and spices with hints of vanilla Christmas Splendor: A festive blend of holiday spices, cinnamon, clove and nutmeg with cheerful orange and berries as the stars with a foundation of vanilla. <b>Cranberry Spice:</b> Fresh cranberry dances with a delicious mix of citrus and spice.

			<p><b>Sleigh Ride:</b> Fresh, minty, and warm all at the same like a real sleigh ride through soft snow under a big, cozy blanket. Fir needle, eucalyptus, wintergreen, and spices make the ride unforgettable.</p> <p><b>Holiday Crunch:</b> Bring on the holiday cheer! This scent is the perfect mix of citrus and spicy- with top notes of orange that mingle with clean lily of the valley. Cinnamon and clove warm the heart of your home, as a rich amber and vanilla base comforts.</p> <p><b>Merry Mistletoe:</b> Nestle under the mistletoe in this holiday blend of fir needle, red berry, pine, clove with a woody base.</p>
<b>Thursday, December 12</b>	9:00 AM – 11:00 AM	<b>\$12</b> \$15 non-residents	<p><b>A Christmas Carol</b> - by Charles Dickens, adapted by Christopher Schario</p> <p>This inventive version of A Christmas Carol will entertain and engross your students, while introducing them to the beautiful language of Charles Dickens. Six actors and a fiddler perform the Dickens out of this beloved holiday story told in a way you've never imagined and will never forget! Don't miss this unique and acclaimed adaptation originally created at The Public Theatre, now published and performed all over the world! Run Time: 60 minutes <b>Pre-registration is required. Minimum 6/Maximum 14. No refund unless your spot can be filled.</b> <b>(partial ticket prices are being sponsored by the Fortin/Pinette Group to keep it affordable to all)</b></p>
<b>Thursday, December 12</b>	1:30 PM – 2:30 PM	<b>\$10.00 drop-in fee</b>	<p><b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b></p>
<b>Thursday, December 12</b>	3:00 PM – 5:30 PM	<b>Free</b>	<p><b>Gingerbread Cookie Decorating-</b> Join us at the Auburn Senior Community Center to paint gingerbread cookies. There will be different sets of cookies to decorate, it will be a surprise which one you get. "That's the way the cookie crumbles" <b>Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 24.</b></p>
<b>Thursday, December 12</b>	5:30 PM – 8:00 PM	<b>Free</b> \$2.00 weekly non-res	<p><b>Thursday Adult Craft Night 5:30pm</b> - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b></p>
<b>Thursday, December 12</b>	5:30 PM – 8:00 PM	<b>Free</b> \$1 non-residents	<p><b>Drop-In Gift-Wrapping</b> - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.</p>
<b>Friday, December 13</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non-residents	<p><b>Drop-in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.</p>
<b>Friday, December 13</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non-residents	<p><b>Drop-In Gift-Wrapping</b> - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows, or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.</p>
<b>Friday, December 13</b>	10:00 AM – 11:30 AM	<b>Free</b>	<p><b>Sunshine Club</b> – Do you want to bring a little sunshine to community members living in assisted living centers? Join this lively group who work together to make floral arrangements to be delivered to local long-term care facilities. <b>Pre-registration required.</b></p>
<b>Friday, December 13</b>	10:00 AM – 11:00 PM	<b>Free</b>	<p><b>Tech Talk Friday</b> – Have a technology question? A device you want to know more about? If so, this program is for you! Once a month, come chat with Izzy, Adult Services Manager at the Auburn Public Library. <b>Pre-registration helpful.</b></p>
<b>Friday, December 13</b>	12:30 PM – 5:00 PM	<b>\$20</b> \$25 non-residents	<p><b>Magic of Christmas PREVIEW-</b>Enjoy this cherished Maine holiday tradition (now in its 45th year!) Join your Portland Symphony to celebrate the season with Christmas classics new and old – including the beloved "Sleigh Ride"! <b>Pre-registration is required. Min 6/Maximum 14. No refund unless your spot can be filled.</b> <b>(partial ticket prices are being sponsored by the Fortin/Pinette Group to keep it affordable to all)</b></p>
<b>Monday, December 16</b>		<b>\$10.00 annual dues</b>	<p><b>New Auburn Seniors Meeting - (Hilton Garden Inn Auburn Riverwatch Christmas Lunch)</b></p>

<b>Monday, December 16</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non- residents	<b>Yoga with Emma 6pm</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
<b>Tuesday, December 17</b>	8:45 AM – 1:00 PM	<b>\$12</b> \$15 non- residents	<b>Portland Ballet's A Victorian Nutcracker at Merrill Auditorium</b> - A Victorian Nutcracker is a retelling of the classic story of a young girl's Christmas Eve dream, brought on by a curious gift of a nutcracker, in which she travels to the Sugar Plum Fairy's Land of the Sweets. This version is unique to Portland and its history, as the first act takes place in the Victoria Mansion with characters pulled directly from Portland's past. Performances at Merrill Auditorium will feature the Portland Ballet Orchestra. <b>Seating begins at 9:30am and the show will begin at 10:00am and last approximately 2 hours with an intermission. Pre-registration is required. Min 6/Maximum 14.</b>
<b>Tuesday, December 17</b>	2:00 PM – 3:30 PM	<b>Free</b>	<b>Simple Crafts and Social Hour</b> – Join us for a Simple Craft Activity! This will be 90 minutes of crafting fun and socializing. This time we will be making Diamond Art snowflake keychains. This is a REPEAT class with priority given to those who did not participate on Dec 6th. <b>Pre-registration required. Min 6/Max 15</b>
<b>Tuesday, December 17</b>	4:00 PM – 5:00 PM	<b>\$10.00 drop- in fee</b>	<b>Yoga For Seniors: Balance</b> - Join certified yoga instructor Emma Samson for this beginner-friendly class for seniors focusing on strength, mobility, and balance. Mindfulness and meditation throughout each class support stress-relief for participants. This class will involve the use of chair- and floor-based exercises, as well as standing poses, but the exercises can be adapted to meet the individual needs of each student. <b>Minimum 4/Maximum 15.</b>
<b>Wednesday, December 18</b>		<b>\$10.00 annual dues</b>	<b>1st Auburn Meeting - (Christmas at the Green Ladle)</b>
<b>Wednesday, December 18</b>	2:30 PM – 4:30 PM	<b>\$5.00</b>	<b>Holiday Gift DIY Class : Mason Jar Soups</b> - Are you looking for some homemade holiday gifts or even just for yourself? Join us at the Auburn Senior Community Center to make mason jar soup gifts. You will make 4 different soups for the holiday season to take home (each in it's own pint size mason jar). <b>Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 12.</b> <b>Italian Barley Soup Mix in a Jar : Five Bean Soup Mix in a Jar : Chicken Noodle Soup Mix in a Jar Spicy Black Bean Soup Mix in a Jar</b>
<b>Thursday, December 19</b>	1:30 PM – 2:30 PM	<b>\$10.00 drop- in fee</b>	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
<b>Thursday, December 19</b>	3:00 PM – 5:30 PM	<b>Free</b>	<b>Dinner &amp; A Show (Radio City Rockettes)</b> - Join us at the Auburn Senior Community Center for dinner and a show. We will be showing the famed Radio City Christmas Spectacular starring The Rockettes. For the first time in it's 75-year history, America's favorite holiday show, Radio City Christmas Spectacular, comes alive on DVD! Enjoy over 80 minutes of the signature high kicks and precise choreography of the Rockettes. After the show, we will have a catered dinner for you folks. Food info is TBD, but come hungry! <b>Pre-registration is required. This is an in-house program. Maximum 40.</b>
<b>Thursday, December 19</b>	5:30 PM – 8:00 PM	<b>Free</b> \$2.00 weekly non-res	<b>Thursday Adult Craft Night 5:30pm</b> - The Auburn Senior Community Center will be open Thursday nights with plenty of space to work on your crafts. Bring your quilting, rug braiding, paper crafts or stamps and spend time with others in your community. Min: 4 /Max: 20 <b>Pre-registration required.</b>
<b>Thursday, December 19</b>	5:30 PM – 8:00 PM	<b>Free</b> \$1 non- residents	<b>Drop-In Gift-Wrapping</b> - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.
<b>Friday, December 20</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non- residents	<b>Drop-in Day</b> - Cribbage, Mahjong, crafts – you name it! The Auburn Senior Community Center will be open with complimentary coffee, tea and plenty of games and puzzles, or you can bring your own. Come get together with friends or make new ones.
<b>Friday, December 20</b>	9:00 AM – 12:00 PM	<b>Free</b> \$1 non- residents	<b>Drop-In Gift-Wrapping</b> - Are you trying to hide a gift? Need a bigger table? Need wrapping paper, bows, or bags? Bring your gifts into the senior center and use our supplies here to wrap your gifts. If you need help, we can assist you as well.



<b>Friday, December 20</b>	9:30 AM – 12:00 PM	<b>\$6.00</b>	<b>Experiment with Layered candles</b> – Join this small class as we attempt to make layered candles – please bring another craft to do in between layers as there will be considerable wait time between pours. See Renee with questions. <b>Minimum 4/Maximum 8.</b>
<b>Friday, December 20</b>	11:30 AM – 2:30 PM	<b>\$2</b> \$4 non- residents	<b>L/A Mystery Lunch Shuttle</b> - We will be keeping it local for these winter months! Let lunch be a surprise! Sure, you may have been there before, but have you been with us!? Sign up for the social aspect and for the thrill of not knowing where the bus will take you. Trips return by 3:00pm. <b>Pre-registration required. Minimum 6/Max 14.</b>
<b>Monday, December 23</b>	9:00 AM – 3:00 PM	<b>\$10.00</b> <b>annual dues</b>	<b>New Auburn Seniors Meeting</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather.</b>
<b>Monday, December 23</b>	3:00 PM – 5:00 PM	<b>\$5.00</b>	<b>Holiday Gift DIY Class : Dip Mix Ornaments</b> Are you looking for some homemade holiday gifts or even just for yourself? Join us at the Auburn Senior Community Center to make some holiday dip mix ornaments. You will make two (2) sets of 5 different dip mixes to take home. <b>Pre-registration is required. This is an in-house program, not for pick up and take home. Maximum 10.</b> <b>Fiesta Dip Mix : Italian Dip Mix : Bacon Dip Mix : Dill Dip Mix : Ranch Dip Mix</b>
<b>Monday, December 23</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non- residents	<b>Yoga with Emma 6pm</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.
<b>Thursday, December 26</b>	1:30 PM – 2:30 PM	<b>\$10.00 drop- in fee</b>	<b>Chair Yoga</b> - Join instructor Emma Samson and learn the physical, mental, and emotional benefits of yoga while using a chair for support and stability through standing and seated poses. *Drop-In Fee is \$10.00: <b>Minimum 4</b>
<b>Monday, December 30</b>	9:00 AM – 3:00 PM	<b>\$10.00</b> <b>annual dues</b>	<b>New Auburn Seniors Meeting</b> - Doors open at 9:00am with the meeting starting at 11:00am, Bingo to follow. <b>Meetings are cancelled if Auburn schools are closed for weather.</b>
<b>Monday, December 30</b>	6:00 PM – 7:00 PM	<b>\$10</b> \$12 non- residents	<b>Yoga with Emma 6pm</b> - Join this gentle yoga class to experience the beautiful art of yoga and begin to become in tune with your body. Focusing on stretching and controlled breathing, this class can offer something for all ability levels.



**Looking for updates on programs – check us out on Facebook**

- **Auburn Recreation Department – Maine**
- **Friends of the Auburn Senior Community Center**